

OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
TURKEY TETRAZINI, NOODLES, SPRING VEGETABLES, BEAN SALAD, PINEAPPLE, ROLL	MEATBALLS, SPAGHETTI, CARROTS, BREAD, PEACHES	HOTDOG, BAKED BEANS, DICED POTATO, ORANGE	SMOKED PULLED PORK, BLACK BEANS, CORN CASSEROLE, FRUIT COCKTAIL, BUN	LEMON PEPPER WHITEFISH ALT: CHICKEN PICCATA, GREEN BEANS, ROASTED POTATOES, ROLL, PEARS, OATMEAL BAR
8	9	10	11	12
CLOSED FOR COLUMBUS DAY	POLISH SAUSAGE W/ SAUTEED ONIONS, SCALLOPED POTATOES, PEAS, BUN, FRUIT COCKTAIL	BBQ BEEF, SWEET POTATO, BAKED BEANS, BUN, FRUIT SALAD	WHITE FISH W/ CITRUS SAUCE, ALT: TURKEY POT ROAST, MASHED POTATO, STEW VEGGIES, BEAN SALAD, ROLL, PINEAPPLE	PORK SCHNITZEL W/ GRAVY, SPATZLE DUMPLINGS, RED CABBAGE, BEETS, APPLE, BREAD
15	16	17	18	19
HAM W/PINEAPPLE GLAZE, CORN, MASHED POTATO, BREAD, GRANOLA BAR, FRUIT COCKTAIL	TILAPIA W/ BUTTER SAUCE, ALT: CHICKEN W/ CAJUN CREAM SAUCE, POTATO, NORTHERN BEANS W/ SPINACH, FRUIT SALAD, BUN	PRIME RIB W/ AU JUS, MASHED POTATO, GREEN BEANS, ROLL, GRAHAM CRACKER, PEACHES	MEATBALLS W/ MUSHROOM SAUCE, BROWN RICE, PEAS AND CARROTS, COLESLAW, ROLL, PEAR	ITALIAN CHICKEN W/MARINARA, ROSEMARY POTATO, MIXED VEGGIES, ROLL, PINEAPPLE
22	23	24	25	26
CABBAGE ROLLS, GARLIC POTATOES, CARROTS, ROLL, PEARS, MUFFIN	MEATLOAF, AUGRATIN POTATO, GREEN BEANS, BREAD, SLICED APPLES, MUFFIN	TACO BEEF, SPANISH RICE, CORN, SALAD, TORTILLA, ORANGE	BBQ MEATBALLS, BROWN RICE, PEAS, VEGGIE SALAD, BREAD, FRUIT SALAD	MEDITERRANEAN WHITE FISH W/ LEMON SAUCE, ALT: LEMON CHICKEN, POTATO, MIXED VEGGIES, PINEAPPLE, BREAD
29	30	31		
BEEF STEW W/VEGETABLES, MASHED POTATOES, BISCUIT ,FRUIT SALAD, GRAHAM CRACKER	CHEDDARWURST, BUN, POTATO SALAD, CARROTS, PEARS	HAMBURGER, CHEESY POTATOES, BAKED BEANS, APPLESAUCE		

Oak Park Township Senior Lunch Program along with Georgis Catering - Menu items are subject to change. Whole Fresh Fruit will be served for diabetic meals as a substitute for dessert.
All meals served with 2% or Skim Milk. Oak Park Township Senior Services, 130 S. Oak Park Avenue, Oak Park, (708)383-8060.

