

MARCH 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			MEATBALLS IN VODKA SAUCE , PASTA, MIXED VEGGIES, SALAD, WHOLE GRAIN BREAD, PEACHES	BAKED TILAPIA, ALT: CHICKEN DIVAN , NOODLES, CORN, JUICE, ROLL, FRUIT SALAD
5	6	7	8	9
BEEF TACO , FIESTA RICE, MEXICAN BEANS, TORTILLA, SALAD, PINEAPPLE	CHICKEN AND SAUSAGE CASSEROLE , RICE, PEAS AND CARROTS, CAJUN COLESLAW, WHEAT ROLL, APPLE	ROAST PORK , CORN BREAD STUFFING, CORN, BEET SALAD, BISCUIT, PEARS	MEATLOAF , MASHED POTATO, GREEN BEANS, FRUIT SALAD, WHEAT ROLL, GRAHAM CRACKER	WHITE FISH WITH CAJUN CREAM SAUCE; ALT: CHICKEN ITALIANO , PASTA, CARROTS, WHEAT ROLL, BEAN SALAD, CHERRIES
12	13	14	15	16
BRATWURST , GERMAN POTATO SALAD, GREEN BEANS, ROLL, PEACHES	LEMON CHICKEN , POTATO, MIXED VEGETABLES, ROLL, FRUIT SALAD	CABBAGE ROLLS , AU GRATIN POTATOES, CARROTS, WHEAT ROLL, APPLE, COOKIE	CORNED BEEF WITH CABBAGE , CARROTS, POTATO, SOUR DOUGH ROLL, PEARS	LEMON PEPPER WHITEFISH, ALT: ORIENTAL CHICKEN , MIXED VEGGIES, ASIAN RICE, ASIAN COLESLAW, WHEAT ROLL, PINEAPPLE
19	20	21	22	23
CHICKEN CORN CHOWDER CASSEROLE , PASTA, CARROTS, WHEAT BREAD, BEAN SALAD, ORANGES	SMOKED SAUSAGE ON A WHEAT BUN , POTATO SALAD, BAKED BEANS, FRUIT COCKTAIL	PRIME RIB WITH AU JUS , MASHED POTATO, MIXED VEGGIES, MULTI-GRAIN BREAD, PEACHES	SLOPPY JOES , PEAS, POTATO WEDGES, WHEAT BUN, PEAR	BAKED TILAPIA, ALT: MEATBALLS , MUSHROOMS, PASTA, GREEN BEANS, FRENCH BREAD, PINEAPPLE
26	27	28	29	30
ITALIAN SAUSAGE , PASTA, MIXED VEGGIES, WHOLE GRAIN ROLL, SALAD, APPLES	BAKED HAM , GREEN BEANS, POTATO, RYE BREAD, GRANOLA BAR, CHERRIES	MEATBALLS VESUVIO , VESUVIO POTATO, MIXED VEGETABLES, TROPICAL FRUIT, MULTI-GRAIN BREAD, OATMEAL BAR	MEXICAN CHICKEN , BLACK BEANS, FIESTA RICE, CORN SALAD, TORTILLA, APPLE SAUCE	TILAPIA, ALT: SOUTHERN CHICKEN , COUNTRY GRAVY, CARROTS, BISCUIT, ORANGE, OATMEAL BAR

Oak Park Township Senior Lunch Program along with Georgis Catering - Menu items are subject to change.
 Whole Fresh Fruit will be served for diabetic meals as a substitute for dessert. All meals served with 2% or Skim Milk.
 Oak Park Township Senior Services, 130 S. Oak Park Avenue, Oak Park, (708)383-8060.

