



Oak Park Township Senior Lunch Program

JANUARY 2019

Dining Hours:
Monday-Friday:
11:00AM-1:00PM

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	NEW YEARS HOLIDAY: OAK PARK TOWNSHIP IS CLOSED	CHICKEN CORN CHOWDER CASSEROLE; PASTA, MIXED VEGGIES, COLESLAW, APPLE, BREAD	TACO BEEF; FIESTA RICE, BEANS, SALAD W/ TOMATOES, TORTILLA, PINEAPPLE	TILAPIA W/ BUTTER SAUCE; ALT: CHICKEN DIVAN; RICE, PEAS, JUICE, FRUIT SALAD, ROLL
7	8	9	10	11
PEPPER STEAK; RICE, MIXED VEGGIES, BEET SALAD, PEACHES, BUN	GERMAN ROAST PORK W/ MUSHROOM GRAVY; POTATO PANCAKE; DILL CARROTS, BISCUIT, APPLESAUCE	POLISH SAUSAGE W/ BUN; POTATO SALAD, BAKED BEANS, PINEAPPLE	WHITE FISH W/ CITRUS SAUCE; ALT: CHICKEN ITALIANO W/ RED SAUCE; PASTA, ROLL, GREEN BEANS, PEAR	MEATLOAF W/ GRAVY; MASHED POTATO, SUCCOTASH, FRUIT SALAD, ROLL, GRAHAM CRACKER
14	15	16	17	18
PRIME RIB W/ AU JUS; AUGRATIN POTATO, CARROTS, BREAD, PEACHES	CABBAGE ROLLS; SCALLOPED POTATOES, CORN, ROLL, ORANGE, COOKIE	ITALIAN SAUSAGE W/ RED SAUCE; PASTA, PEAS, BROCCOLI SALAD, APPLES, ROLL	TURKEY POT ROAST; MASHED POTATO, STEW VEGGES, BEAN SALAD, ROLL, PEARS	CREOLE WHITEFISH; ALT: LEMON CHICKEN; RICE, MIXED VEGGIES, PEA SALAD, FRUIT COCKTAIL, MUFFIN
21	22	23	24	25
MEATBALLS W/ VODKA SAUCE; PASTA, PEAS AND CARROTS, FRUIT JUICE, BREAD, APPLESAUCE	LEMONPEPPER WHITEFISH; ALT: LUAU PORK; RICE, MIXED VEGGIES, BEAN SALAD, MANDARIN ORANGES, ROLL	SOUTHERN CHICKEN W/ COUNTRY GRAVY; MASHED POTATO, CORN, BISCUIT, FRUIT SALAD, OATMEAL BAR	STUFFED PEPPER W/ SAUCE; PASTA, GREEN BEANS, MUSHROOM SALAD, BREAD, APPLE	ORIENTAL CHICKEN; MIXED VEGGIES, RICE, COLESLAW, ROLL, PINEAPPLE
28	29	30	31	
MEXICAN CHICKEN; BEANS, RICE, CORN SALAD, TORTILLA, PEARS	CHICKEN AND SAUSAGE CASSEROLE; RICE, PEAS AND CARROTS, COLESLAW, BREAD, FRUIT SALAD	TURKEY POT PIE; MIXED VEGGIES, MASHED POTATO, MUFFIN, BANANA	MEATBALLS VESUVIO; VESUVIO POTATO, CARROTS, SLICED APPLES, BREAD, OATMEAL BAR	SUGGESTED MEAL CONTRIBUTION: \$1.50

Menu items are subject to change. Whole Fresh Fruit will be served for diabetic meals as a substitute for dessert. All meals served with 2% or Skim Milk. Oak Park Township Senior Services, 130 S. Oak Park Avenue, Oak Park, (708)383-8060.