

JULY 2017

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
HOT DOG ON A WHEAT BUN, BAKED BEANS, POTATOES SALAD, CHERRIES	Closed for the July 4 th Holiday	BREADED FRIED BEEF STEAK WITH COUNTRY GRAVY, GREEN BEANS, MASHED POTATOES, BISQUIT, PEACHES, GRANOLA BAR	PESTO CHICKEN, SUCCOTASH, RICE PILAF, KIDNEY BEAN SALAD, ROLL, APPLE	WHITE FISH WITH CITRUS SAUCE; ALT: MEATBALL SANDWICH, PASTA WITH MARINARA, VEGGIE MEDLEY, FRENCH BREAD, JUICE
10	11	12	13	14
PORKCHOP WITH GRAVY, MASHED POTATOES, CARROTS, APPLESAUCE, WHEAT BREAD, OATMEAL COOKIE	BRATWURST ON A BUN, DICED POTATOES, CORN, TROPICAL FRUIT SALAD,	CHICKEN WITH MUSHROOM SAUCE, SPRING VEGGIE BLEND, PASTA, THREE BEAN SALAD, MULTIGRAIN BREAD, APPLES	COUNTRY SMOKED HAM, SWEET POTATO, CANNELINI BEANS, MUFFIN, FRUIT COCKTAIL, GRAHAM CRACKERS	TILAPIA WITH BUTTER SAUCE, ALT: SOUTHWESTERN CHICKEN W/ PEPPERS/ONIONS, REFRIED BEANS, SPANISH RICE, CORN SALAD, TORTILLA, ORANGE
17	18	19	20	21
VESUVIO MEATBALLS, NOODLES, MIXED VEGGIES, TOSSED SALAD, MUFFIN, PINEAPPLE CHUNKS	HAMBURGER PATTY ON A WHEAT PATTY, PEAS, O'BRIEN POTATOES, PEAS AND CARROTS, PEARS	ITALIAN SAUSAGE, SPAGHETTI WITH MARINARA, MIXED VEGGIES, BROCCOLI SALAD, FRUIT SALAD, WHEAT BUN	BONE IN ROASTED CHICKEN, WILD RICE, GREEN BEANS, BLACK BEAN SALAD, RYE BREAD, PEAR	CREOLE STYLE WHITEFISH, ALT: STUFFED CABBAGE, MASHED POTATOES, CARROTS, MULTIGRAIN ROLL, APPLES, OATMEAL BAR
24	25	26	27	28
PRIME RIB, PARSLEY POTATOES, GREEN BEANS, WHEAT BREAD, FRUIT COCKTAIL, OATMEAL COOKIE	STROGANOFF MEATBALLS IN MUSHROOM SAUCE, PASTA, PEAS, COLESLAW, WHEAT ROLL, PINEAPPLE	SLOPPY JOES ON WHEAT BUN, CORN, GARLIC MASHED POTATOES,	BBQ PULLED CHICKEN, TWICE BAKED POTATOES, MIXED VEGGIES, PEACHES	LEMON PEPPER WHITEFISH, ALT: GRECIAN CHICKEN, CARROTS, WILD RICE, ROYAL BEAN SALAD, EIGHT GRAIN BREAD, GRAPES
31				
CHICKEN CACCIATORE, ONIONS/PEPPERS, PEAS WITH PEARL ONIONS, PASTA, ROLL, COLE SLAW, ORANGES				

Oak Park Township Senior Lunch Program along with Georgis Catering - Menu items are subject to change
Whole Fresh Fruit will be served for diabetic meals as a substitute for dessert. All meals served with 2% or Skim Milk.