

JULY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
TURKEY BURGER, POTATOES, MIXED VEGETABLES, PINEAPPLE, BUN	BREADED BEEF STEAK W/ GRAVY, GREEN BEANS, MASHED POTATOES, BISCUIT, PEACHES, GRANOLA BAR	CLOSED IN OBSERVATION OF FOURTH OF JULY HOLIDAY	PESTO CHICKEN W/ PESTO CREAM SAUCE, SUCCOTASH, RICE PILAF, KIDNEY BEAN SALAD, ROLL, JUICE	ITALIAN MEATBALL SANDWICH W/ PEPPERS & ONIONS IN RED SAUCE, ALT: WHITE FISH W/CITRUS SAUCE, PASTA, MIXED VEGETABLES, BREAD
9	10	11	12	13
PORKCHOP W/ GRAVY, MASHED POTATO, CARROTS, APPLESAUCE, BREAD, OATMEAL COOKIE	CHICKEN W/ MUSHROOM SAUCE, MIXED VEGETABLES, PASTA, BEAN SALAD, FRUIT COCKTAIL, BREAD	BRATWURST, DICED POTATO, CORN, BUN, CINNAMON APPLES	SOUTHWEST CHICKEN W/ PEPPERS & ONIONS, ALT: BAKED TILAPIA W/ BUTTER SAUCE, REFRIED BEANS, SPANISH RICE, CORN SALAD, FLOUR TORTILLA, ORANGE	COUNTRY SMOKED HAM, SWEET POTATO, CANNELINI BEANS, MUFFIN, TROPICAL FRUIT SALAD, GRAHAM CRACKERS
16	17	18	19	20
POLISH SAUSAGE, POTATO, CORN, BUN, TROPICAL FRUIT SALAD	SOUTHERN CHICKEN W/ GRAVY, MASHED POTATO, CORN, BISCUIT, PINEAPPLE, OATMEAL BAR	PRIME RIB W/ AU JUS, PARSLEY POTATO, GREEN BEANS, WHEAT BREAD, PEACHES, OATMEAL COOKIE	VESUVIO MEATBALL, ROTINI, MIXED VEGETABLES, SALAD, MUFFIN, APPLE	STUFFED CABBAGE W/ RED SAUCE, ALT: CREOLE WHITEFISH, MASHED POTATO, CARROTS, ROLL, PEARS, OATMEAL BAR
23	24	25	26	27
BBQ CHICKEN W/ WHEAT BUN, MASHED POTATOES, MIXED VEGETABLES, PEACHES	MEATBALLS STROGANOFF W/ MUSHROOM SAUCE, ALT; LEMON PEPPER WHITEFISH, PASTA, PEAS, COLESLAW, ROLL, PINEAPPLE	ITALIAN SAUSAGE W/ RED SAUCE, SPAGHETTI, MIXED VEGETABLES, BROCCOLI SALAD, FRUIT SALAD, BUN	ROAST PORK W/GRAVY, WILD RICE, PEAS & CARROTS, BLACK BEAN SALAD, BREAD, CARROTS	GRECIAN CHICKEN, MIXED VEGETABLES, WILD RICE, BEAN SALAD, BREAD, APPLES
30	31			
HAMBURGER, POTATOES O'BRIEN, PEAS & CARROTS, FRUIT COCKTAIL,	CHICKEN CACCIATORE, ONIONS, PEPPERS, & MUSHROOMS, PEAS & PEARL ONIONS, PASTA, ROLL, COLESLAW, ORANGES			

Oak Park Township Senior Lunch Program along with Georgis Catering - Menu items are subject to change. Whole Fresh Fruit will be served for diabetic meals as a substitute for dessert. All meals served with 2% or Skim Milk. Oak Park Township Senior Services, 130 S. Oak Park Avenue, Oak Park, (708)383-8060.

