

Aging & Disability Resource Program-Consultations Oak Park & River Forest Townships Senior Services

Staff from **Oak Park & River Forest Townships Senior Services** are available for one-on-one consultations to provide assistance with local state and federal programs for seniors. Some of the services they can assist individuals in obtaining are: service coordination and individual case monitoring; Transportation Services; Meal Programs; Caregiver Support; Affordable will preparation; Daily phone checks and monitoring; Home energy assistance; and more. Call now to reserve your appointment with knowledgeable staff.



**Please call to register at
844-794-4301**

Two Locations!

Four Dates!

**Thursday, February 1st and
February 15th**

10:00 am – 12:30 pm

River Forest Medical Campus
7411 Lake St.

River Forest, IL 60305

Building A, Community Room
Office 1104

**Thursday, February 8th and
February 22nd**

10:00 am – 12:30 pm

West Suburban Medical Center
3 Erie Court

Oak Park, IL 60302

First floor, Room 1062

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