

May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All Programs Begin At 11:45am Unless Noted 			1 May Day Jumbo Bowling  BINGO (10:20)	2 National Brothers and Sisters Day Untangle Me Game  Flower Power Banish Winter Isolation 10-12	3 National Paranormal Day Nerves Nelly Game  Intro To Conscious Aging 2pm	
	5 	6 International No Diet Day The Upside (11:45)  Knitting Group (11:45-2pm) Live Painting 1:30pm	7 National Teacher's Day  Don't Break the Chain Book Group (1:00-2:30) Choosing the Right Contractor 2pm Yoga Class 2-3pm	8 National Have a Coke Day Rapid Fire Game  BINGO (10:20)/ Alcuin Students Visit Super Seniors 8-2pm	9 National Moscato Day Knee Trembles Games  Memory Café? Dementia Friendly? What does it all Mean? Presentation 2pm	
12 Happy Mother's Day 	13 International Hummus Day The Burbs (11:45)  Knitting Group (11:45-2pm)	14 National Buttermilk Biscuit Day Navy Pier Trip 	15 International Day of Families  Hula Hoop Balance BINGO (10:20)	16 National Walnut Day Clean Up Your Energy Presentation By Amanda Young (11:30-12:30) 	17 National Armed Forces Day 4 Pictures 1 Word Armed Forces Themed  Desi Performance (10:50-12:15) Yoga(12:30-1:30)	18 
19 	20 National Be A Millionaire Day Major League(11:45)  Knitting Group (11:45-2pm)	21 National Endangered Species Day Pink Elephant Game  Memory Café (1:30-3:30)	22 National Pudding Day Blind Taste Test  BINGO (10:20)	23 International Day for Biological Diversity DIVERSITY!  Names Not Numbers 10:30-12pm Book Bike(11am)	24 National Wine Day Wine and Food Paring  Yoga(12:30-1:30)	25 
26 	27 CLOSED 	28 National Brisket Day Memorial Day Celebration 	29 Learn About Composting Day Laughter Yoga Session(11:40-12:40)  BINGO (10:20)	30 National Macaroon Day  Monthly Birthday Cake Food Demo: Kool-Aid Pie	31 World No Tobacco Day Thank You For Smoking Movie (11:45) 	Oak Park Township Senior Services 130 S. Oak Park Ave, Oak Park IL 60302 Phone: 708-383-8060 Fax: 708-383-5168

