

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All programs begin at 11:45 if not noted		1 New Year's Day Closed	2 National Buffet Day New Year's Resolutions BINGO (10:20)	3 JRR Tolkien Day Let's Talk about Your Thyroid ROPH Thyroid Presentation	4 National Spaghetti Day Decorate Glass Bottles Desi Performance (10:50-12:15)	5 National Hot Tea Month 
	6 	7 National Bobblehead Day  Movie: Cool Hand Luke(11:45) Knitting Group (11:45-2pm)	8 Elvis Presley's Birthday Presley Trivia Game  Book Group (1:00-2:30)	9 National Law Enforcement Appreciation Day Law Enforcement Themed Headbands  BINGO (10:20)	10 National Cut Your Energy Costs Day Let's Make Wind Mills 	11 National Hot Toddy Day Brain Teasers  Yoga(12:30-1:30)
13 	14 National Dress Up Your Pet Day  Movie: The Producers Knitting Group (11:45-2pm)	15 National Hat Day Navy Pier Trip 	16 National Fig Newton Day OPPL Origami with Ian (11:45-1pm)  BINGO (10:20)	17 National Winnie the Pooh Day How do you Doo? Game	18 National Popcorn Day Trust Your Tongue: Popcorn Edition Desi Performance (10:50-12:15) Take Charge of Your Health 12-2:30	19 
20 	21 National Penguin Day Closed	22 Celebration of Life Day Reverse Charades Game Memory Café 1:30-3:00	23 National Pie Day Key Lime Pie in a Cup(12pm)  BINGO (10:20)	24 National Compliment Day Exchange a Compliment	25 National Opposite Day Drawing With Your Non-dominant Hand Yoga(12:30-1:30) Take Charge of Your Health 12-2:30	26 
27 	28 International (UN/ European Union) Holocaust Remembrance Day Documentary: Names Not Numbers (90min) Knitting Group (11:45-2pm)	29 National Puzzle Day Large Bio Puzzle	30 National Croissant Day Outburst Game BINGO (10:20)	31 National Hot Chocolate Day  Birthday Cake Day Food Demo: Kale and Quinoa Chicken Bowl	Oak Park Township Senior Services 130 S Oak Park Ave, Oak Park IL 60302 Phone: 708-383-8060 Fax: 708-383-5168 	