

April 2016
Oak Park and River Forest Townships Annual Report
Senior Services At A Glance

Submitted by: Desiree Scully-Simpkins, Director of Senior Services

Oak Park and River Forest Townships Senior Services offers a broad continuum of supportive services in order to promote independence of the older adults in the communities of Oak Park and River Forest. These services include case management, Adult Protective Services, information and assistance, Options Counseling, three senior lunch programs, respite, chore, caregiver support, community education, affordable wills, Senior Health Insurance Program, Benefits Access Application, energy assistance, distribution of the Farmer's Market coupons, and the Illinois Volunteer Money Management Program.

In the past year these direct services were provided:

Information & Assistance: 9,000 calls

Transportation: 40,408 rides to doctor appointments, dialysis, shopping, sheltered workshops and adult day care services.

Meals: 60,780 Home Delivered, Congregate and Dine-Out Meals

Shelf Stable meals: 2,250 meals-Provided for emergency consumption in the event of site closure due to extreme weather or inability to deliver due to weather or vehicle problem.

Case Management: 7,900 hours of direct services

Chore: 1,400 hours of direct home maker services

Caregiver Support Services: 905 units

Community Education: 45 sessions

Home Energy & Pharmaceutical Assistance: 500 units

Adult Protective Services: 52 cases

Assistance in Accessing Public Programs: 925 hours

Training and Education: 45 sessions

IVMMP (Money Management Program) Hours: 2,116 hours

Farmers Market Coupons: 838 booklets which benefit the seniors and the farmers.

Mental Health Direct Services: 800 hours

Managed Care Clients: 35 clients

Nursing Home Prescreens: 1,750 screens conducted at the local Oak Park Hospitals.

Community Based Assessments: 500 assessments

Managed Care Determination of Need Assessments: 1,000 hours

Self-Neglect Cases 18-50 and 60 and over: 63 units

Affordable Wills: 30 Wills

Health & Wellness: 12 presentations at the Congregate lunch site.

April 2016
Oak Park and River Forest Townships Annual Report
Senior Services At A Glance

Submitted by: Desiree Scully-Simpkins, Director of Senior Services

Highlights for FY16

Case Management: The Illinois Department on Aging sent out a Request for Proposal for Capacity Building Grants for the purpose of adding Self-Neglect to Adult Protective Services. Oak Park Township submitted a proposal and was awarded this Grant. The Award period for the Grant is May 18, 2015 to June 30, 2016. The Grant Award is \$46,389.00. The first payment was \$17,305.00 and coincided with the State's Fiscal Year ending June 30, 2015. The remainder of the Grant will be paid in 5 increments of \$5,816.80.

This Grant money will fund public awareness in the form of presentations, a newspaper ad and an article in the News & Views.

There was staff training that included Oak Park and River Forest Townships, the Police, Fire and Code Departments and Thrive Mental Health Center.

AgeOptions Audit:

On February 23, 24 and 25, 2016, AgeOptions conducted an audit on all of the Title III programs to provide ADRN/SHAP, Chore, Congregate Meals, Home Delivered Meals and Caregiver Resource Center services to older adults in Oak Park and River Forest Townships. The auditor was very impressed with each of the Program managers and the organization of the monitoring manuals. Oak Park Township was given a "Passing" grade as a numeric grade is not given for this audit.

APS Audit:

On March 16th and 17th, 2016, AgeOptions conducted an audit of Adult Protective Services cases. Oak Park Township received a 99.38% on the audit. The auditors were extremely pleased with the due diligence practiced and the excellent documentation in each case.

Nutrition Program:

AgeOptions offered a special one-time Grant opportunity. Oak Park Township Senior Services applied for the Grant and was awarded \$23,771 for the following items:

1. Two new utility carts to be used in the Congregate lunch site.
2. Two rubber mats for the kitchen floor.
3. 20 new ice packs for the Home Delivered Meal bags.
4. A new Home Delivered Meal truck.

April 2016
Oak Park and River Forest Townships Annual Report
Senior Services At A Glance

Submitted by: Desiree Scully-Simpkins, Director of Senior Services

The Oak Park Township match money contribution was \$4,195 plus the trade-in value of our used Home Delivered Meal truck. Oak Park Township Senior Services was very grateful to be the recipient of this one-time money awarded by AgeOptions. Oak Park Township was awarded the money at the end of September 2015.

Age Options awarded Oak Park Township Senior Services a one-time award for the purchase of a refrigerator and weekend meals. These meals will be delivered with the Friday meal for consumption on Saturday or Sunday. The funding for this 1 extra meal per week took place from April 1, 2015-September 30, 2015.

AgeOptions conducted a unified bid process for the food that will be served at both the congregate meal site and for Home Delivered Meals. AgeOptions made their decision on August 6, 2015. Georgis Catering won the bid award for Oak Park Township Senior Services. The bid award began on October 1, 2015 and may be renewed for a period of three years based on performance and funding availability for the program.

Caregiver Resource Center:

Senior Services is currently working with the Center for Disability and Elder Law on a joint venture to provide three types of Advance Directives:

- 1) Power of Attorney for Healthcare,
- 2) Power of Attorney for Property
- 3) Living Will

Center for Disability and Elder Law Collaboration:

The Center for Disability and Elder Law has also committed to serving Oak Park and River Forest Townships Senior Services by providing a Legal Clinic by furnishing an attorney, for free, if a person qualifies, every 2nd and 4th Tuesday afternoon by appointment at the Oak Park Township site located at 130 S. Oak Park Avenue, Oak Park.

OTHER HIGHLIGHTS

Community Mental Health Board of Oak Park Township:

Oak Park Township Senior Services applied for a Geriatric Case Management Grant from the Community Mental Health Board of Oak Park Township. The Grant was awarded for \$44,000 for the period covering April 1, 2015-March 31, 2016.

April 2016
Oak Park and River Forest Townships Annual Report
Senior Services At A Glance

Submitted by: Desiree Scully-Simpkins, Director of Senior Services

Interns:

Senior Services has served as a learning site for several Universities this past year. We have hosted students from the Kott Scholars Program (MSW students), Concordia University (BSW and MA of Gerontology), Dominican University (MSW), and the Saint Augustine BSW program.

Farmers Market Coupons:

Beginning on June 15, 2016, we began distributing Farmers Market Coupons to seniors residing in Suburban Cook County only, Age 60 and older and met the financial requirements dictated by the program. In prior years there was not a “Suburban Cook County” resident requirement. Oak Park Township distributed 838 Farmers Market Coupon booklets for 2016.

Case Management:

The Grant also funds additional staff time for one of our part-time case managers, emergency supply kits for case managers and 2 Laptop and work stations, including printers and portable scanners to bring out in the field on home visits for Case Managers.

UIC Collaboration:

Dr. Anders Kottorp from the Department of Occupational Therapy at UIC contacted Oak Park Township Seniors Services about the idea of working together on a pilot project. The overall aim of this pilot project is to generate new generic knowledge of the conditions for using and managing everyday technology (ET), e.g. telephones, computers, electronic household equipment, in older adults living and ageing with or without functional limitations in Chicago.

Oak Park Township Senior Services will offer access to older people with and without functional limitations for Dr Kottorp to recruit for this important pilot study. We will also offer spaces to use for data collection (interviews) with individual clients, as well as opportunities to disseminate and discuss the findings with the target population and our staff. Finally, we will also offer the opportunity to plan and discuss a variety of follow-up projects to this pilot study with Dr Kottorp, as the information gained from this project can be used to develop targeted interventions to support more competent ET use among older people. Taken together, this knowledge is crucial for the creation of an accessible and inclusive society and health care for older people living and ageing with functional limitations, which is in line with the core values and visions for Oak Park Township Senior Services.

April 2016
Oak Park and River Forest Townships Annual Report
Senior Services At A Glance

Submitted by: Desiree Scully-Simpkins, Director of Senior Services

CRP-Community Reinvestment Program Possibility

The Illinois Department on Aging, “under the Rauner Administration has unveiled a new initiative called the Community Reinvestment Program (CRP). In alignment with the Administration’s transformation agenda, specifically the goal of rebalancing and supporting individuals in their own homes, the CRP provides the necessary supports to enable older adults to remain independent, enjoy a quality of life, and avoid premature institutionalization. The CRP represents a pro-active, long term strategy to meeting the anticipated growth in the aging population by sustaining the commitment to support older adults in their own homes and communities.”

This program is In addition to the Community Care Program. The Community Care Program which provides “eligible” individuals home maker, adult day care and emergency home response services. This program will change the eligibility criteria to those Medicaid only individuals. Currently, the asset limit for the CCP is higher than the Medicaid limits. Those persons that are already on CCP and do not qualify for Medicaid will be transferred to the CRP.

Pending a State budget, this program is scheduled to roll out on July 1, 2016. The Illinois Department on Aging will contract with the Area Agencies to provide Procurement, Monitoring and approval of funds spent per client. The Area Agencies will contract with the Case Coordination Units to provide the direct services of Assessment, Case Work and Monitoring for the CRP. Since Oak Park Township is the Case Coordination Unit contracted with the Illinois Department on Aging, we will be contracting with AgeOptions to provide services for those 60 and over that reside in Oak Park and River Forest townships.

Oak Park and River Forest Food Pantry Pilot Project Collaboration:

Oak Park Township Seniors Services was approached by the Oak Park and River Forest Food Pantry about the possibility of a coordinated plan to deliver food to those seniors that otherwise would not be able to get food from the food pantry. The pilot project began in March 2016 with 20 older adults that are homebound for a variety of reasons that could benefit from having food delivered to their homes. ON the average 40 pounds of groceries were delivered to each client for the month. The Food Pantry is using nutrition interns and a great group of volunteers to bag and deliver the food. They were pleased to announce that the first month was a success!

Celebrating Seniors Coalition:

The Celebrating Seniors Coalition will be celebrating their 6th year! The Coalition is comprised of volunteers and representatives from local Government (Townships and Villages from Oak Park, River Forest and Forest Park), Private agencies and Non-For-Profit agencies.

April 2016
Oak Park and River Forest Townships Annual Report
Senior Services At A Glance

Submitted by: Desiree Scully-Simpkins, Director of Senior Services

The Celebrating Seniors Coalition has four objectives:

1. To assist seniors with emergency needs.
2. To facilitate cooperation between the business community, government agencies, and non-profit organizations for the benefit of the senior population.
3. To promote senior groups and organizations that serve persons 60 and older.
4. To raise public awareness of issues affecting seniors.

Money collected through advertisement and sponsorship provide emergency funds to older adults in crisis. The Grant application for these funds may be found on the Celebrating Seniors website www.CelebratingSeniors.net.

A week- long celebration will take place in Oak Park, River Forest and Forest Park that will highlight and recognize the significant contributions that older adults make in our communities.